

AVOCADO SALSA

Makes 6 or more servings

- 2 avocados, peeled, seeded and chopped
- 2 pints cherry or grape tomatoes, quartered
- 1 cup corn, cooked and cut off cob
- 3 Tbsps. chopped cilantro
- 3 Tbsps. lime juice
- 1 tsp. salt (optional)

1. Combine avocado, tomatoes, corn and cilantro, toss.
2. Slowly pour lime juice over the salsa and toss to combine.
3. Chill for 1 hour to allow the flavors to blend. Serve with tortilla chips or over greens as a salad.

MAKE IT A MEAL: *Serve this healthy salsa over salad or with tortilla chips. Remember to check the serving size on the tortilla chips!*

